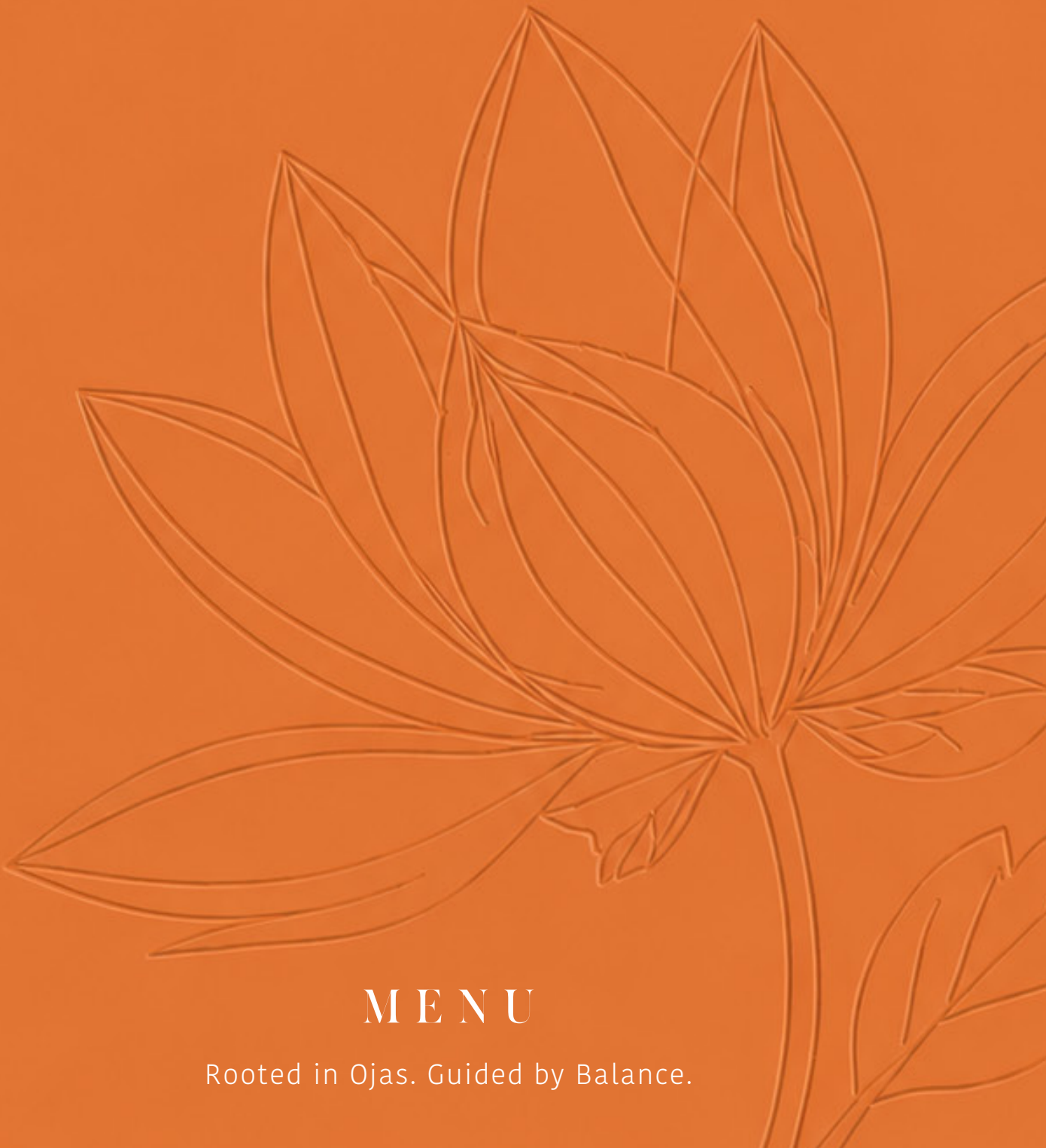




aujasya

by THE LEELA

— SPA —



M E N U

Rooted in Ojas. Guided by Balance.



Rooted in India's Rhythms of Restoration

At The Leela Palace Jaipur, Aujasya by The Leela unfolds amidst the regal grandeur of the Pink City and the timeless beauty of the Aravalli Hills. Inspired by Rajasthan's rich cultural legacy, each experience draws from indigenous botanicals, traditional healing rituals and grounding sensory elements to create a serene sanctuary where ancient Indian wellness philosophies gently restore balance, vitality and inner radiance.

Rooted in the philosophy of Ojas, the vital life force that governs vitality, resilience and radiance, Aujasya by The Leela is guided by the Trinity of Balance: ***Shakti, Shanti and Soumya***. Through immersive therapies inspired by ancient Indian wellness traditions, Aujasya by The Leela gently restores harmony between body, mind and spirit, inviting a return to one's natural rhythm and spirit, inviting a return to one's natural rhythm.

TRINITY OF BALANCE



Shanti

Rest, Peace and Stillness



Shakti

Strength and Vitality



Soumya

Beauty and Radiance

A refined ritual designed to restore your natural rhythm.



Restoring the rhythm of Ojas

Where timeless wisdom meets modern science.

Return to your natural rhythm as energy is replenished, the mind softens into stillness, and inner radiance quietly unfolds.

Rooted in the ancient philosophy of Ojas, the vital life force that governs vitality, resilience and glow, Aujasya by The Leela is an invitation to experience wellbeing in its most intuitive form.

Our collection of therapies is thoughtfully composed to guide you through distinct states of wellbeing, from deep rest and renewal to vitality, movement and radiant ease. Rooted in the philosophy of Aujasya by The Leela, each immersive journey draws from time-honoured traditions and refined techniques to restore balance across Shakti, Shanti and Soumya, leaving the body, mind and spirit feeling harmoniously aligned.



aujasya
by THE LUXE
SPA

aujasya

THROES OF OIL

8 essential oil
It pairs the body and mind while
reducing stress.

100% PURE OIL

Supports anti-aging, skin
brightening and
anti-inflammatory benefits.
Sandalwood oil.
Reduces the stress and
enhances emotional well-being.

100% OIL

Deeply hydrates and nourishes
the skin, while uplifting and
refreshing the senses.

Aujasya by The Leela

Signature Ritual

Conceived as the signature expression of Aujasya by The Leela, this 90-minute ritual embodies the brand's philosophy of restoring balance through the seamless interplay of Shakti, Shanti and Soumya. Rooted in ancient Indian healing traditions and refined through a contemporary lens, it is designed as a soulful journey rather than a treatment - one that gently guides you back to your natural rhythm.

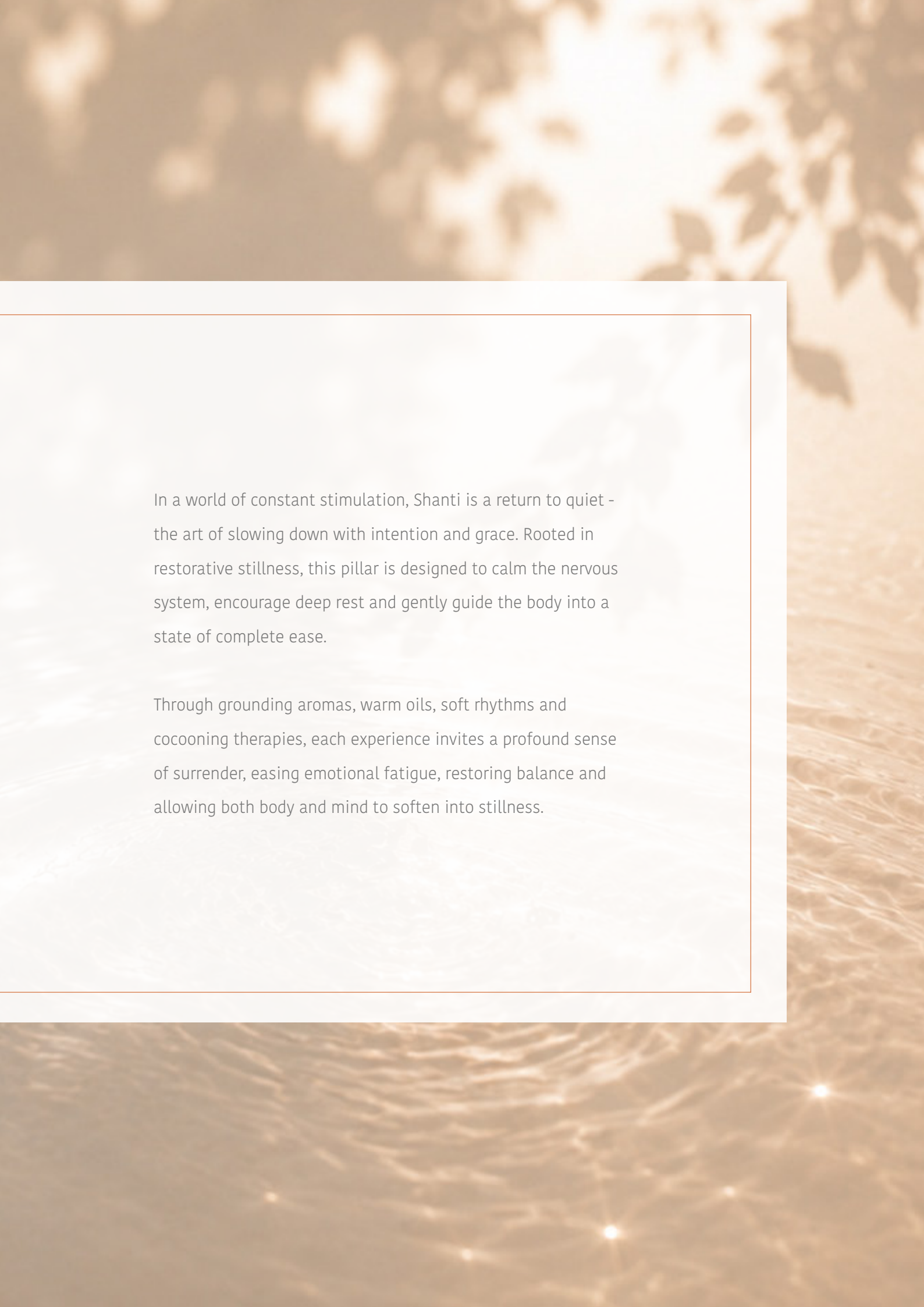
Unfolding through a series of immersive touchpoints, from grounding welcome rituals and the warmth of herb-infused potli to rhythmic, synchronised therapies and moments of stillness accompanied by sound, each element works in quiet harmony to release tension, stimulate circulation and restore a deep sense of alignment. The experience culminates in a gentle state of renewal where energy is replenished, the mind is at ease, and a soft, enduring radiance begins to emerge.





Shanti

Rest, peace & stillness



In a world of constant stimulation, Shanti is a return to quiet - the art of slowing down with intention and grace. Rooted in restorative stillness, this pillar is designed to calm the nervous system, encourage deep rest and gently guide the body into a state of complete ease.

Through grounding aromas, warm oils, soft rhythms and cocooning therapies, each experience invites a profound sense of surrender, easing emotional fatigue, restoring balance and allowing both body and mind to soften into stillness.





PATHWAYS TO SHANTI

REST AND RENEWAL

A gentle return to stillness, where the body softens and the mind settles into quiet repose. Deeply restorative therapies invite unhurried rhythms, allowing the nervous system to recalibrate and a sense of wholeness to quietly unfold

Sandalwood sleep restoration

60 min | 90 min

A deeply grounding therapy inspired by the tradition of Abhyanga (rhythmic oil massage), this ritual blends the soothing aroma of sandalwood with warm herbal infusions, a rejuvenating head massage using the Kansa wand (traditional healing metal tool), and cooling eye compresses. Rhythmic massage movements gently ease tension, calm the nervous system and guide the body into profound parasympathetic rest. Designed to restore inner balance, the therapy leaves both body and mind feeling deeply relaxed, revitalised and harmoniously aligned.

Mind and body rebalancer

60 min | 90 min

This restorative therapy begins with a mineral-rich salt body scrub, followed by a signature detox oil massage designed to ease stress and release accumulated tension. A heated body mask envelops the body in warmth, preparing the mind and senses for a deeply calming head massage. The experience concludes with a renewed sense of balance, relaxation and quiet restoration.

Healing stone

90 min

Warm stones are placed on vital energy points to harmonise the seven subtle energy centres known as Chakras (energy centres), helping restore balance to the body and mind both physically and emotionally. The body is then massaged using individually tailored essential oils combined with heated stones to release tension, stimulate circulation and encourage a deep sense of wellbeing and renewal.

The background of the entire image is a close-up photograph of green leaves, likely from a plant like a bay leaf, with visible veins and a slightly glossy texture. A semi-transparent white rectangular box is centered over the image, containing the text. The box has a thin, light brown border.

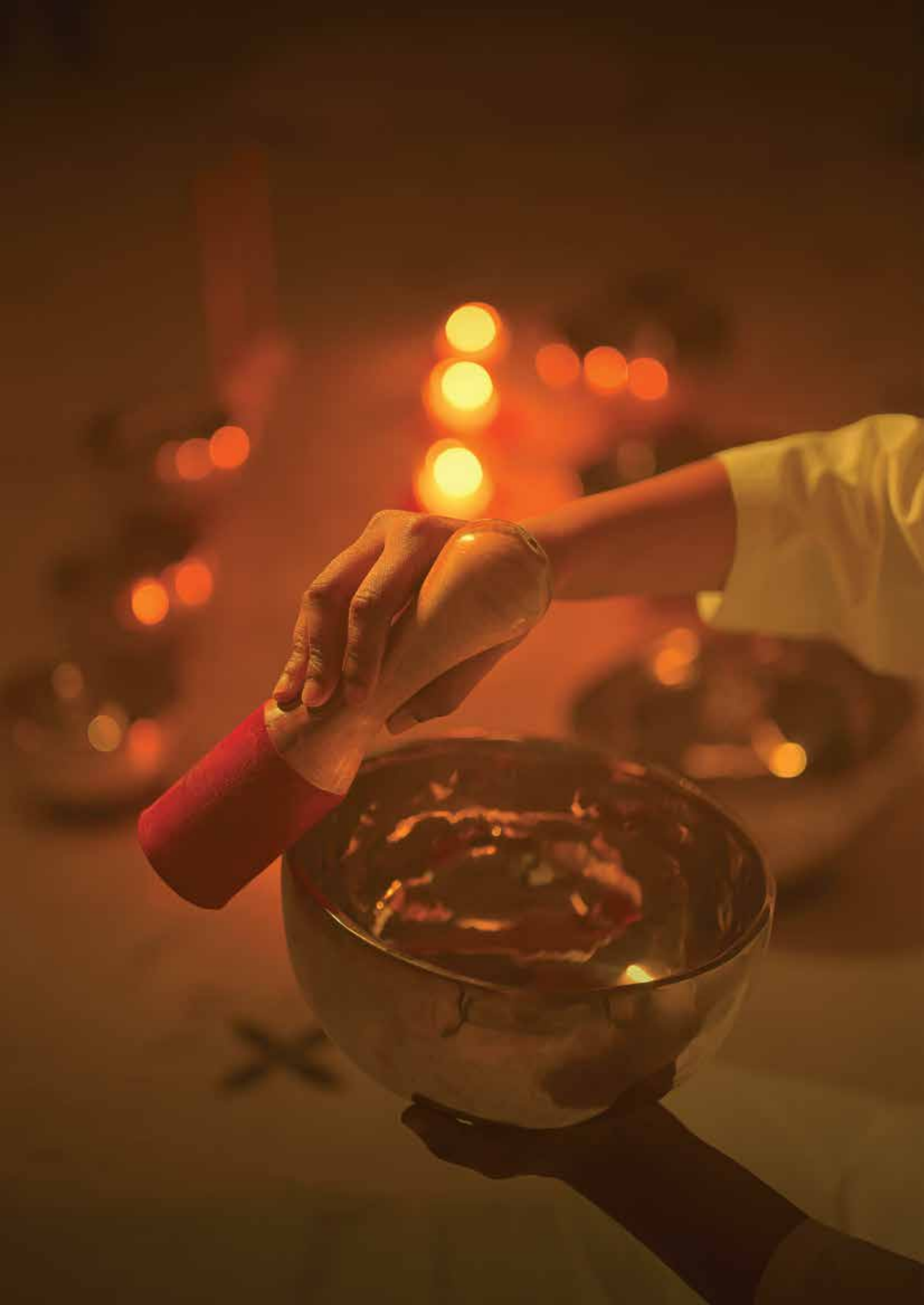
Shakti

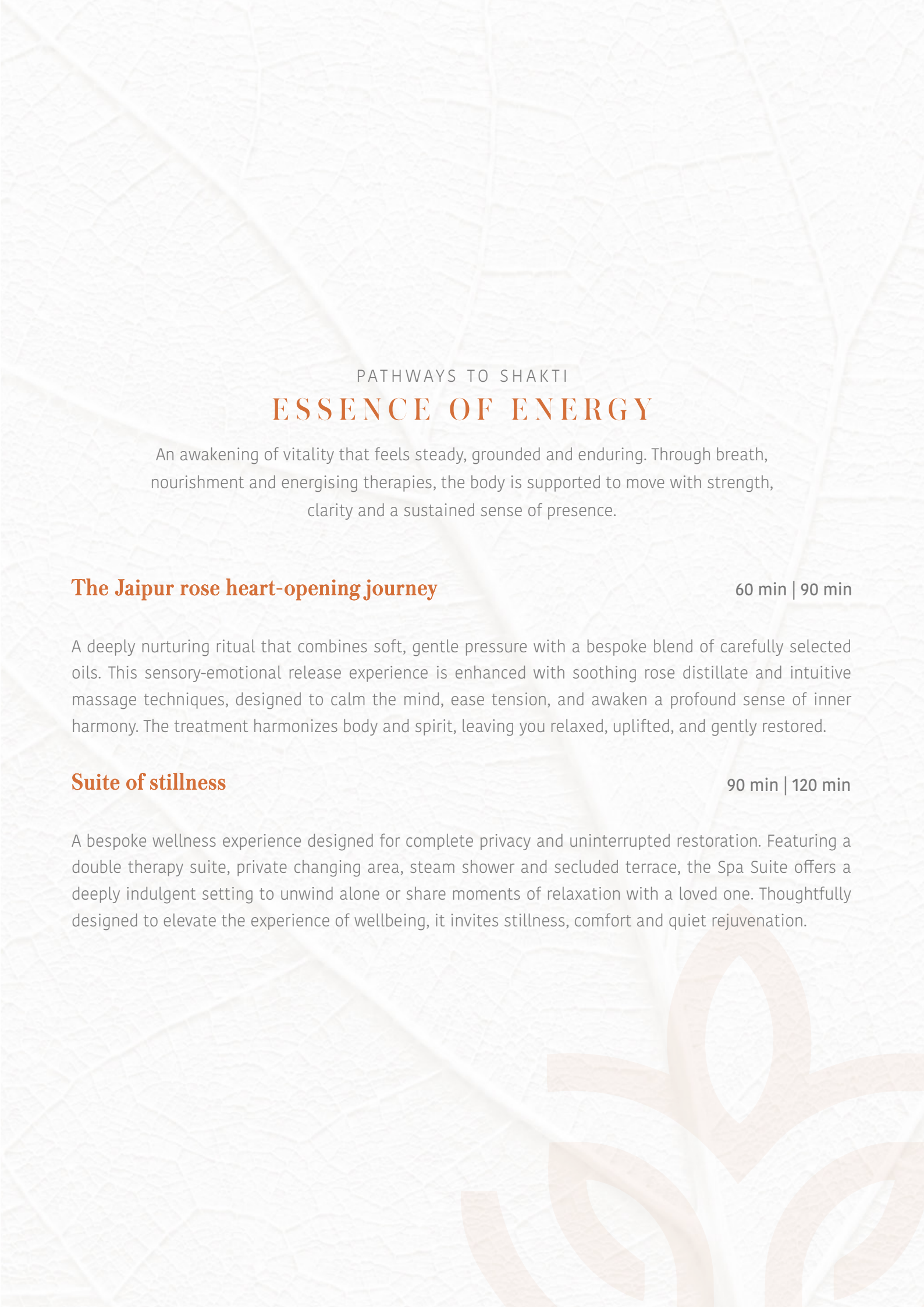
Strength & vitality



If Shanti is a return to stillness, Shakti is an awakening of energy, strength and renewed vitality. Inspired by the Sanskrit philosophy of dynamic life force energy, this pillar is designed to invigorate the body through energising therapies that stimulate circulation, encourage recovery and restore physical balance with intention and refinement.

Through warming oils, invigorating rhythms and restorative techniques, these experiences leave the body feeling lighter, stronger and deeply re-energised - with vitality flowing effortlessly through every movement.





PATHWAYS TO SHAKTI

ESSENCE OF ENERGY

An awakening of vitality that feels steady, grounded and enduring. Through breath, nourishment and energising therapies, the body is supported to move with strength, clarity and a sustained sense of presence.

The Jaipur rose heart-opening journey

60 min | 90 min

A deeply nurturing ritual that combines soft, gentle pressure with a bespoke blend of carefully selected oils. This sensory-emotional release experience is enhanced with soothing rose distillate and intuitive massage techniques, designed to calm the mind, ease tension, and awaken a profound sense of inner harmony. The treatment harmonizes body and spirit, leaving you relaxed, uplifted, and gently restored.

Suite of stillness

90 min | 120 min

A bespoke wellness experience designed for complete privacy and uninterrupted restoration. Featuring a double therapy suite, private changing area, steam shower and secluded terrace, the Spa Suite offers a deeply indulgent setting to unwind alone or share moments of relaxation with a loved one. Thoughtfully designed to elevate the experience of wellbeing, it invites stillness, comfort and quiet rejuvenation.



PATHWAYS TO SHAKTI

GRACEFUL MOTION

A fluid return to ease within the body, where strength and lightness exist in harmony. Restorative practices encourage alignment, mobility and confidence, allowing movement to feel natural, effortless and supported.

Mobility flow

45 min

A deeply restorative reflexology therapy designed to harmonise the body through the reflex points of the feet. The experience begins with a soothing foot bath, followed by warming massage movements using a carefully curated blend of grounding essential oils. Focused reflex techniques help release accumulated tension, stimulate circulation and restore the body's natural flow of energy. This calming therapy leaves the body feeling balanced, re-energised and gently realigned.

Balinese calm

This deeply soothing therapy employs long, flowing strokes designed to encourage profound calm and holistic wellbeing. Warm aromatherapy oils are gently worked into the body through stretching and sweeping movements that ease muscular tension and promote deep relaxation. Nurturing both body and mind, the experience leaves you enveloped in tranquillity, renewed vitality and a serene sense of balance.

Deep renewal

45 min

A focused restorative therapy designed to relieve deep-seated muscular tension and physical fatigue. Specialised massage techniques and targeted stretches concentrate on areas of discomfort, including tissue in the neck, shoulders and lower back, helping to improve mobility, release tightness and restore ease of movement throughout the body.

Vitality restoration

75 min

A thermo-energetic therapy using warming mace and black pepper oils, enhanced by cupping-inspired movements with traditional Indian wooden bell cups. Combined with dynamic stretching techniques, this invigorating experience stimulates circulation, releases muscular tension and awakens the body's natural flow of energy. Designed to restore vitality and physical balance, it leaves the body feeling refreshed, strengthened and deeply revitalised.

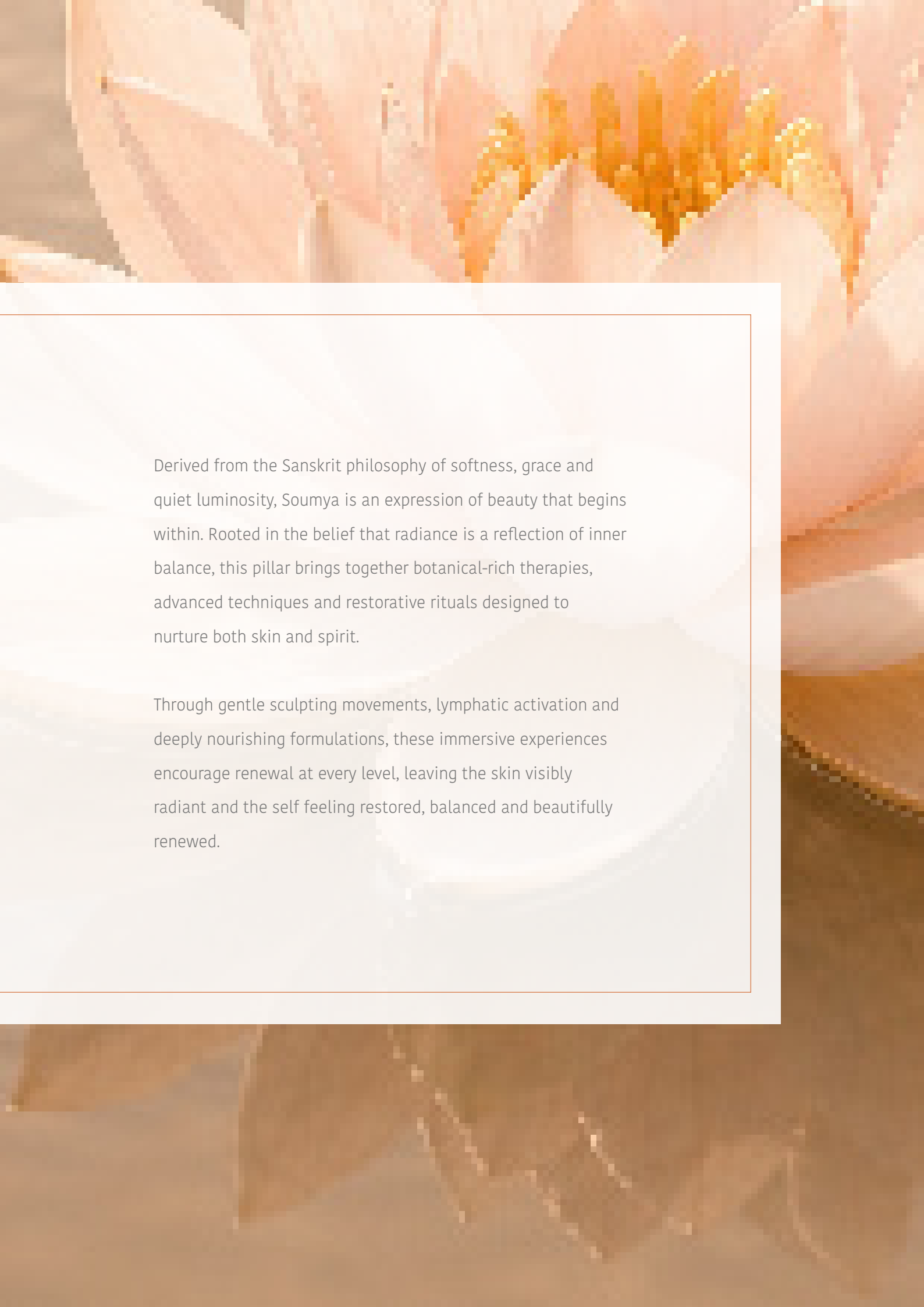
Desert air clarity therapy

30 min

This therapy deeply promotes relaxation by gently easing muscle tension and encouraging fluid movements that restore balance and vitality. Through skilled techniques designed to release stiffness and invigorate the body, it leaves you feeling both profoundly relaxed and revitalized, with renewed energy and a sense of effortless wellbeing.

Soumya

Beauty & radiance



Derived from the Sanskrit philosophy of softness, grace and quiet luminosity, Soumya is an expression of beauty that begins within. Rooted in the belief that radiance is a reflection of inner balance, this pillar brings together botanical-rich therapies, advanced techniques and restorative rituals designed to nurture both skin and spirit.

Through gentle sculpting movements, lymphatic activation and deeply nourishing formulations, these immersive experiences encourage renewal at every level, leaving the skin visibly radiant and the self feeling restored, balanced and beautifully renewed.





PATHWAYS TO SOUMYA

INNER RADIANCE

A gentle unwinding of the inner landscape, where held tension softens and the mind drifts into quiet lightness. Thoughtfully composed therapies cultivate emotional balance, effortless ease and a lingering sense of calm, allowing a softer inner radiance to emerge.

Saptachakra harmony

120 min

A restorative therapy designed to harmonise the seven subtle energy centres known as Chakras (energy centres). Warm stones and infusion oils are used in rhythmic movements to release tension, restore energetic balance and guide the body and mind into a deep state of renewal and stillness.

Detox body renewal

60 min | 90 min

An invigorating therapy designed to stimulate circulation, refine skin texture and restore vitality to both body and mind. The experience begins with a full-body exfoliation that gently polishes and renews the skin, followed by a nourishing body mask enveloped in warmth to encourage deep absorption and restoration. The body emerges feeling smooth, refreshed and re-energised, with a renewed sense of lightness and balance.



PATHWAYS TO SOUMYA

VISIBLE VITALITY

A gentle unwinding of the inner landscape, where held tension softens and the mind drifts into quiet lightness. Thoughtfully composed therapies cultivate emotional balance, effortless ease and a lingering sense of calm, allowing a softer inner radiance to emerge.

The Pink city glow ritual

90 min

The treatment consists of full-body polishing and glow-enhancement using Rose and saffron scrub, Sandalwood cooling wrap and Kesar-infused facial finish. Sandalwood fights skin damage caused by free radicals and softens the skin while saffron works as an anti-inflammatory agent. A complete body care which is soothing and refreshing at the same time.

Saffron radiance

60 min

Inspired by the timeless beauty rituals of Indian royalty, this illuminating facial therapy is enriched with saffron to revive dull skin and restore natural luminosity. Gentle massage techniques and nourishing botanicals leave the complexion feeling brighter, smoother and beautifully radiant.

Saffron body veil

45 min

A deeply nourishing therapy infused with the restorative properties of saffron to brighten the skin, improve texture and encourage natural radiance. Rich in antioxidants, the wrap leaves the body feeling smooth, hydrated and visibly renewed.

Radiance polish

45 min

A revitalising exfoliation therapy using saffron to gently polish the skin and restore an even, radiant glow. Antioxidant-rich ingredients help soften texture, reduce dullness and leave the skin feeling refreshed and luminous.

Sandalwood body veil

45 min

A soothing body therapy enriched with sandalwood and saffron to calm the skin and restore softness and hydration. Designed to refresh and replenish, it leaves the body feeling comforted, balanced and delicately renewed.

Sandalwood polish

45 min

A deeply cleansing exfoliation therapy using sandalwood to gently remove impurities and restore natural radiance. Known for its calming and purifying properties, sandalwood leaves the skin feeling smooth, refreshed and beautifully refined.



Things to know

Hours of operation

Our sanctuary of wellness welcomes you daily from 9:00 am to 9:00 pm, providing ample time to indulge in rejuvenating treatments at your convenience. Kindly note that the final appointment can be scheduled by 7:30 pm to ensure a full and unhurried experience. We look forward to guiding you on your journey to relaxation and renewal within these serene hours.

Location

Situated on Level 2 of the Wellness Block, our spa offers a serene haven designed for complete relaxation and rejuvenation. For appointments or inquiries, please contact us at Extension 6015.

Making Appointments

To reserve your experience, please call: +91 90359 16518, Extension 7050 or email: wellness.tlcm@theleela.com

Attire

Robes, slippers and disposable garments are provided for your comfort. For movement or fitness sessions, comfortable exercises attire is recommended.

Valuables

Secure lockers are available, though we advise leaving jewellery and valuables in your room. The Leela cannot assume responsibility for misplaced items.

Health Considerations

Please inform your therapist of any medical concerns, allergies, injuries, pregnancy or sensitivities. Certain therapies may need adjustments to ensure your safety and comfort.

Personal Comfort

Your wellbeing is our focus. Please communicate your preferences regarding pressure, temperature, music or lighting at any stage of the experience.

Respect for Tranquillity

The spa is a sanctuary of stillness. Kindly keep mobile phones on silent mode and maintain a quiet atmosphere to preserve the serenity of the space

Spa cancellation policy

To respect the time of our therapists, cancellations made within 4 hours of the appointment will incur a 50% charge. No-shows will be charged in full.



THE LEELA PALACE
JAIPUR

Please call on +91 90791 31338 or email us at spa.tlpj@theleela.com | dm.tlpj@theleela.com