



aujasya

by THE LEEEA

— SPA —

A Sanctuary of Elevated Indian Wellness

At The Leela Palace Jaipur, Aujasya embraces the regal heritage of Rajasthan, offering wellness experiences enriched with local botanicals, traditional healing rituals, and grounding sensory elements.

From signature welcome rituals to curated journeys inspired by desert calm and palace serenity, Aujasya by The Leela SPA in Jaipur elevates wellbeing into an immersive, culturally rooted experience.



AUJASYA SIGNATURE RITUAL

RESTORING THE RHYTHM OF OJAS

Where timeless wisdom meets modern science.

Restore your energy, calm your mind, and awaken inner radiance with wellness seamlessly woven into your stay at The Leela Palace Jaipur.

Rooted in the ancient Indian philosophy of Ojas, the vital life force that governs immunity, vitality, and glow Aujasya by the Leela Spa is guided by the belief that true wellness is a return to one's natural rhythm.





AUJASYA SIGNATURE RITUAL

Inspired by the ancient Indian techniques, this immersive ritual reflects the philosophy of Aujasya Spa evoking inner peace, restoration, and quiet joy.

Using rhythmic, synchronized movements with warm herb-infused oils, the treatment helps release stress, stimulate circulation, restore energy, and realign mind and body.

Duration: **90 Minutes**

THE SPA PILLARS

THE TRINITY OF BALANCE

Shanti

Rest, Peace & Stillness

Shakti

Strength & Vitality

Soumya

Beauty & Radiance

A refined ritual designed to restore your natural rhythm.



SPA INDULGENCES

We have curated a collection of treatments inspired by the Rhythm of Ojas - Rest & Renewal, Good Energy, Emotional Ease, Optimal Movement, Elevated Appearance, and Mental Clarity.

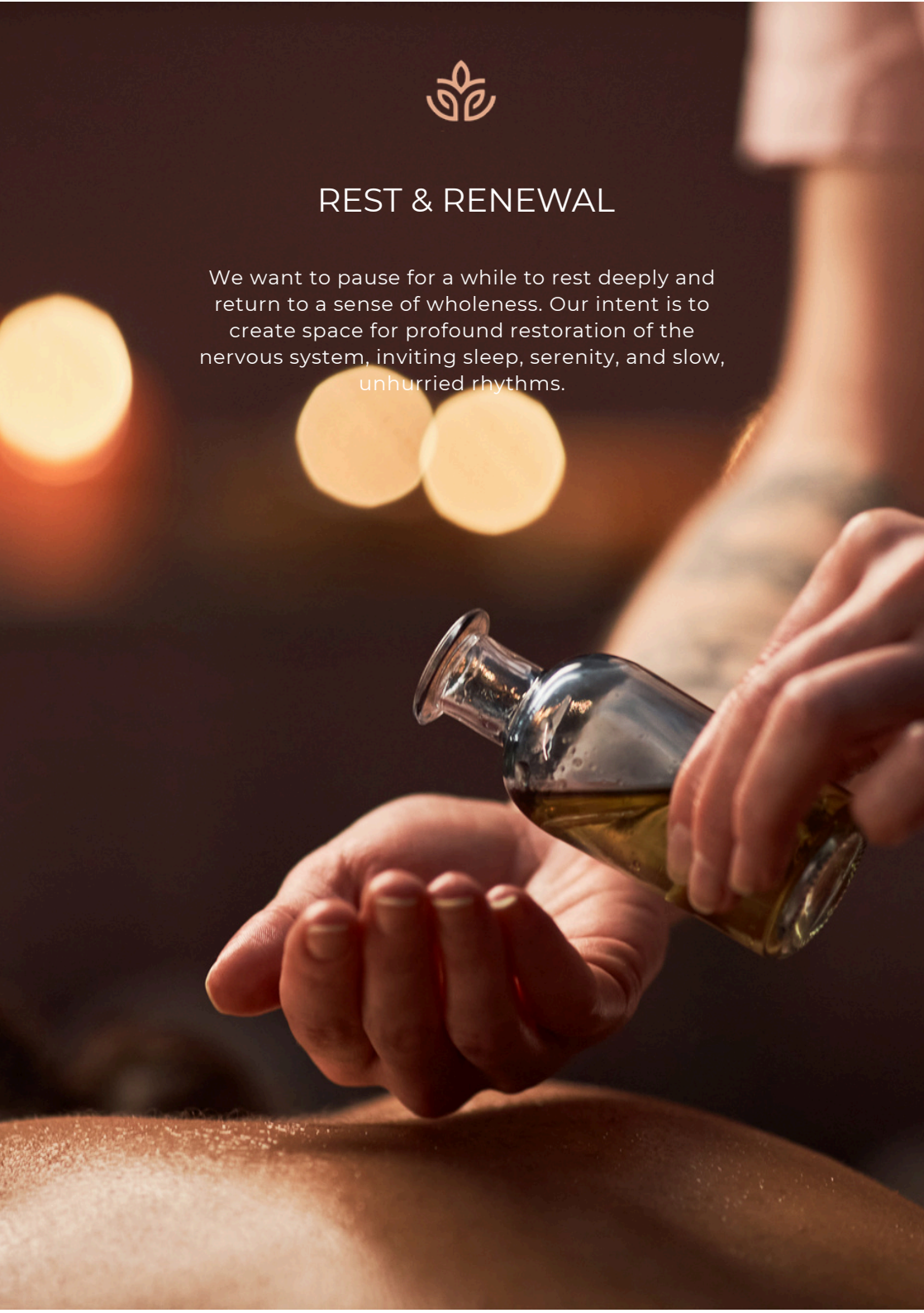
Each therapy has been thoughtfully designed to restore balance, rejuvenate the senses, and nurture harmony within the body, mind, and spirit. From revitalizing rituals to deeply calming experiences, our treatments offer a holistic journey that elevates wellness, enhances vitality, and leaves you feeling aligned and renewed.





REST & RENEWAL

We want to pause for a while to rest deeply and return to a sense of wholeness. Our intent is to create space for profound restoration of the nervous system, inviting sleep, serenity, and slow, unhurried rhythms.



SANDALWOOD SLEEP RESTORATION RITUAL

Duration: 60 min | 90 min

A deeply grounding ritual inspired by the Abhyanga tradition of Indian wellness. This treatment blends the soothing aroma of Jaipur sandalwood with warm herbal infusions, a rejuvenating head massage using the Kansa wand, and cooling eye compresses. A rhythmic relaxation massage gently eases tension, calming the nervous system and guiding the body into profound parasympathetic rest. Designed to restore inner balance, it leaves both body and mind deeply relaxed, revitalized, and harmoniously aligned.

DEEP TISSUE

Duration: 60 min | 90 min

This treatment is designed for those seeking relief from deep-seated tension and stress. Specialized massage techniques and targeted stretches focus on common areas of discomfort, including a stiff neck, tight shoulders, and lower back soreness. By addressing these key points, the therapy promotes improved mobility, eases muscular tension, and restores a sense of relaxed vitality throughout the body.

MIND & BODY REBALANCER

Duration: 120 min

This signature treatment combines a salt body scrub, followed by our signature detox oil massage to reduce stress and tension. The body is wrapped with a heated mask, the mind is now relaxed in preparation for a luxurious head massage.



GOOD ENERGY

Steady Energy is about feeling awake, strong, and fully present—moving through the day with purpose and ease. Our intent is to awaken and sustain a vibrant life force by supporting the body through conscious breathwork, nourishing nutrition, and vitality-enhancing therapies that help maintain balance and endurance throughout the day.



VITALITY MASSAGE

Duration: 75 min

A thermo-energetic therapy using warm mace and black pepper oils, enhanced by cupping-inspired movements with traditional Indian wooden bell cups. This ritual is combined with dynamic stretching to stimulate circulation, release muscular tension, and invigorate the body. Designed to awaken energy flow and restore vitality, it leaves you feeling balanced, refreshed, and deeply revitalized.

SPA SUITE INDULGENCE

Duration: 90 min | 120 min

Bespoke Suite Experience allows you complete privacy to enjoy the ultimate Spa experience. Consisting of a double treatment room, beautiful changing area and private bathroom, steam shower and private terrace area the Spa Suite is perfect for sharing indulgent relaxation time with a friend loved one or only by yourself.

DETOX RITUAL

Duration: 60 min | 90 min

An indulgent ritual crafted to enhance circulation, refine skin texture, and rejuvenate both body and mind. The treatment begins with a full-body exfoliation that gently polishes and revitalizes the skin, followed by a nourishing mask that is wrapped to allow deep absorption of its restorative benefits. The result is radiant, smooth skin and a renewed sense of vitality, leaving you refreshed, balanced, and completely revitalized.



EMOTIONAL EASE

We seek to let go, to feel free from pressure, and to smile with ease. Our intent is to cultivate inner peace, emotional balance, and heart coherence through thoughtfully designed core services and treatments that support deep relaxation and emotional well-being.

THE JAIPUR ROSE HEART-OPENING JOURNEY

Duration: 60 min | 90 min

A deeply nurturing ritual that combines soft, gentle pressure with a bespoke blend of carefully selected oils. This sensory-emotional release experience is enhanced with soothing rose distillate and intuitive massage techniques, designed to calm the mind, ease tension, and awaken a profound sense of inner harmony. The treatment harmonizes body and spirit, leaving you relaxed, uplifted, and gently restored.

ESSENCE OF THE LEELA

Duration: 120 min

The 'Essence of The Leela' begins with a full-body exfoliation, followed by the placing of hot stones on vital energy points. This harmonises the seven subtle energy centres known as Chakras to balance body and mind physically and emotionally. The body is massaged using infusion oil combined with hot stones to release tension. This full-body treatment ends with a luxurious head massage to clear the mind and calm the spirit.



OPTIMAL MOVEMENT

We want to move with ease, trust our bodies, and feel light, capable, and supported. Our intent is to restore strength, grace, and alignment through conscious movement practices that encourage balance, confidence, and fluidity in the body.



MOBILITY FLOW THERAPY

Duration: 45 min

A deeply restorative foot reflexology treatment designed to harmonize the entire body through the reflex points of the feet. The ritual begins with a soothing foot bath to cleanse and relax, followed by a warming massage using a carefully curated blend of calming and grounding essential oils. Skilled techniques are then applied to specific reflex points, releasing accumulated stress and tension, stimulating circulation, and restoring the body's natural energy flow. This treatment not only revitalizes the feet but also promotes overall balance, leaving you deeply relaxed, re-energized, and aligned in body, mind, and spirit.

HEALING STONE

Duration: 90 min

Hot stones are placed on vital energy points harmonising the seven subtle energy centres known as Chakras to balance the body and mind physically and emotionally. The body is massaged using individually tailored essential oils combined with hot stones to release tension and boost immunity.

BALINESE

Duration: 60 min

This massage employs long, warm strokes designed to induce profound calm and holistic wellbeing. Gently heated aromatherapy oils are poured onto the centre of the body and carefully massaged in using flowing stretching and sweeping movements, promoting deep relaxation and releasing muscular tension. This soothing and indulgent experience nurtures both body and mind, leaving you enveloped in tranquility, renewed vitality, and a serene sense of balance.



ELEVATED APPEARANCE

We want to look good, feel comfortable in our own skin, and truly recognize ourselves again. Our intent is to enhance natural beauty, confidence, and radiance from within, nurturing a sense of self that feels authentic, balanced, and luminous.



THE PINK CITY GLOW RITUAL

Duration: 90 min

The treatment consists of full-body polishing and glow-enhancement using Rose & saffron scrub, Sandalwood cooling wrap and Kesar-infused facial finish Sandalwood fights skin damage caused by free radicals and softens the skin while saffron works as an anti-inflammatory agent. A complete body care which is soothing and refreshing at the same time.

KESARIYA RADIANCE FACIAL

Duration: 60 min

Royal Saffron Brightening Therapy is a lavish treatment inspired by the timeless beauty rituals of Indian royalty. Infused with precious saffron, known for its potent antioxidant and skin-brightening properties, this therapy gently revitalizes dull and tired skin. The delicate golden threads work to even soothing techniques, this ritual not only renews your complexion but also elevates the senses-leaving your skin visibly brighter, smoother, and exquisitely radiant.

SAFFRON BODY WRAP

Duration: 45 min

Safron body wraps offer brightening skin, improving texture, and fighting aging due to antioxidants, while also hydrating, reducing acne/pigmentation, and promoting detox, resulting in a smoother, glowing, and more toned complexion by nourishing skin, boosting circulation, and fighting free radicals.



SAFFRON BODY SCRUB

Duration: 45 min

Saffron brightens skin tone, fades dark spots, and reduces pigmentation due to its melanin-inhibiting properties, while its antioxidants fight aging and pollution. It also improves skin texture, making it smoother and softer, fights acne and inflammation with antibacterial properties, hydrates deeply, and soothes redness, promoting a radiant, even, and youthful complexion.

SANDALWOOD BODY WRAP

Duration: 45 min

Sandalwood fights skin damage caused by free radicals and softens the skin while saffron works as an anti-inflammatory agent. A complete body care which is soothing and refreshing at the same time.

SANDALWOOD BODY SCRUB

Duration: 45 min

Sandalwood provides deep cleansing, exfoliation, and detoxification, removing impurities and dead skin for a radiant glow, while its antimicrobial & anti-inflammatory properties fight acne and soothe irritation, reducing redness. It's a powerful anti-aging agent,

DESERT AIR CLARITY THERAPY

Duration: 30 min

This therapy deeply promotes relaxation by gently easing muscle tension and encouraging fluid movements that restore balance and vitality. Through skilled techniques designed to release stiffness and invigorate the body, it leaves you feeling both profoundly relaxed and revitalized, with renewed energy and a sense of effortless wellbeing.

PRICE LIST

Aujasya Signature Ritual	90 min	15,000 per person
Sandalwood Sleep Restoration Ritual	60 min 90 min	7,500 9,000
Deep Tissue	60 min 90 min	7,500 9,200
Mind & Body Rebalancer	120 min	14,000
Vitality Massage	75 min	8,500
Spa Suite Indulgence	90 min 120 min	16,000 19,000
Detox Ritual	60 min	7,000
The Jaipur Rose Heart-Opening Journey	60 min 90 min	7,500 8,500
Essence Of The Leela	120 min	12,500
Mobility Flow Therapy	45 min	4,500
Healing Stone	90 min	9,500
Balinese	60 min	7,500 9,000
The Pink City Glow Ritual	90 min	9,000
Kesariya Radiance Facial	60 min	7,500
Saffron Body Wrap	45 min	4,000
Saffron Body Scrub	45 min	4,000
Sandalwood Body Wrap	45 min	4,000
Sandalwood Body Scrub	45 min	4,000
Desert Air Clarity Therapy	30 min	4,000

All prices are in Indian Rupees (INR) and are exclusive of applicable taxes.



HOURS OF OPERATION

Our sanctuary of wellness welcomes you daily from 9:00 am to 9:00 pm, providing ample time to indulge in rejuvenating treatments at your convenience. Kindly note that the final appointment can be scheduled by 7:30 pm to ensure a full and unhurried experience. We look forward to guiding you on your journey to relaxation and renewal within these serene hours.

LOCATION

Situated on Level 2 of the Wellness Block, our spa offers a serene haven designed for complete relaxation and rejuvenation. For appointments or inquiries, please contact us at Extension 6015.

MAKING APPOINTMENTS

To book your experience, please call +91 90791 31338 or email us at spa.tlpj@theleela.com | dm.tlpj@theleela.com | concierge.tlpj@theleela.com

ATTIRE

Robes, slippers and disposable garments are provided for your comfort. For movement or fitness sessions, comfortable exercises attire is recommended.

GRATUITY

We levy service charge as part of the employee contribution.

VALUABLES

Secure lockers are available, though we advise leaving jewellery and valuables in your room. The Leela cannot assume responsibility for misplaced items.

HEALTH CONSIDERATIONS

Please inform your therapist of any medical concerns, allergies, injuries, pregnancy or sensitivities. Certain therapies may need adjustments to ensure your safety and comfort.

PERSONAL COMFORT

Your wellbeing is our focus. Please communicate your preferences regarding pressure, temperature, music or lighting at any stage of the experience.

RESPECT FOR TRANQUILITY

The spa is a sanctuary of stillness. Kindly keep mobile phones on silent mode and maintain a quiet atmosphere to preserve the serenity of the space

SPA CANCELLATION POLICY

To respect the time of our therapists, cancellations made within 4 hours of the appointment will incur a 50% charge. No-shows will be charged in full.



THE LEELA PALACE

JAIPUR