

HYGIENE & SAFETY MEASURES





















While ordering please inform our associate in case you are allergic to any of the following ingredients: cereals containing gluten - i.e. wheat, rye, barley, oats, spelt or their hybridized strains & products of these / crustaceans & their products | milk & milk products | egg & egg products | fish & fish products | peanuts, tree nuts & their products / soybeans & their products / sulphites.

Our Chef would be delighted to design your meal without them. We use olive oil, refined oil, mustard oil, butter and ghee as a medium of cooking.

All our meats & fish are locally sourced, unless specified.

An average adult requires 2000 Kcal energy per day, however calorie needs may vary.



















 $Vegetarian \mid Non-Vegetarian \mid Chef Speciality \mid Spicy Food \mid Contain \ Nuts \mid Contain \ Gluten \mid Contains \ Egg \mid Contains \ Milk \mid Contains \ Sea Food \mid Contain \ Nuts \mid Contain \ Gluten \mid Contains \ Egg \mid Contain \ Sea Food \mid Contain \$





Aujasya by the Leela is a holistic wellness program - a healthy lifestyle reflected in physical, mental, social, and spiritual well-being. Aujasya is not just a word, it's a way of life.

Conceived and executed in collaboration with

Dr. Ankita Jalori, one of India's pre-eminent nutrition and

wellness consultants, the menu has been curated to achieve the

impossible balance between your health needs and your

gastronomic expectations. Our chefs have worked behind the

scenes on our signature recipes to increase the nutritional

values and enhance the functional components while retaining the

authentic essence and experience of each dish.



SHORBA

MIRIYAL CHARU

Cooked with Andhra style spicy black pepper, coriander, curry leaves and tomato broth Serving size: 200 gms | Calorie per serving: 177 Kcal
Star ingredient - Tomato, eating tomatoes daily will ensure that you get an array of nutrients which will help in better functioning of your body

APPETIZER

KEBAB-E-PUKHTAN 🤝 🕭 💽

A delicacy of Lucknow, mouth-melting roasted pumpkin galettes with a twist of roasted pumpkin seed chaat

Serving size: 200 gms | Calorie per serving: 410 Kcal

Star ingredient - Pumpkin is rich in vitamins, minerals and antioxidants, and incredibly healthy. It's low-calorie content makes it a weight-loss-friendly food

BADAM BROCCOLI KI SHAMMI 💝 🕭 🕯 💽

Kebab well known in Lucknow made with mashed broccoli, almond, green chilli and mace flavoured galettes cooked in clarified butter Serving size: 190 gms | Calorie per serving: 331 Kcal Star ingredient - Broccoli is rich in vitamin C and protein

KHUMB SIKAMPURI 💝 🕯 💽

Hyderabadi popular kebab, cinnamon perfumed button mushroom and king oyster mushrooms patties stuffed with hung curd, mint & cheese, seared on a griddle Serving size: 240 gms | Calorie per serving: 416 Kcal
Star ingredients - Button mushrooms and King Oyster mushrooms are a rich and source of fiber, protein and antioxidants

MAIN COURSE

PALAK SOYA

Chef signature Delhi style preparation one of the favourite choices for green leaf lovers, spinach tossed with onions, dill leaves and tempered with cumin seeds

Serving size: 190 gms | Calorie per serving: 264 Kcal

Star ingredients - Spinach is rich in vitamin B and other important vitamins such as

A, E, K and C that help to improve the skin texture and treat numerous skin-related disorders

MUNAKKA AND CHILGOZA KA KOFTA 🕭 🖸

The city of nawabs Lucknow specialty, raisin and pine-nut stuffed cottage cheese dumpling, finished in creamy almond gravy

Serving size: 250 gms | Calorie per serving: 421 Kcal

Star ingredients - Pine nuts are a rich source of protein, iron, vitamin ${\sf E}$ and magnesium.

They help to reduce the risk of diabetes and heart disease and also increase your energy levels

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SHORBA

TULSI TAMATAR SHORBA

Cooked with basil, spicy black pepper, coriander, mint leaves, and to mato broth $% \left(1\right) =\left(1\right) \left(1\right)$

Serving size: 200 gms | Calorie per serving: 177 Kcal

MURGH ZAFRANI SHORBA 🕯 🗈 🔼

Slow-cooked chicken bones with potli masala, strained and served hot, garnished with ginger

julienne, finished with saffron threads, lemon, and coriander

Serving size: 115 gms | Calorie per serving: 718 Kcal

APPETIZER (VEGETARIAN)

CHEF'S SIGNATURE TASTING KEBAB PLATTER \$ 1 .

Mix platter of assorted kebabs

Serving size: 1223 gms | Calorie per serving: 1344 Kcal

SUBZ-E-SHAMI 🖠 🗓 💽

Melange of vegetables, minced and cooked with chickpeas, lentils, and hot Indian spices

Serving size: 240 gms | Calorie per serving: 416 Kcal

TANDOORI SOYA CHAAP # .

Soya chaap marinated with hung curd, ginger-garlic paste, and Indian spices

Serving size: 290 gms | Calorie per serving: 410 Kcal

TANDOORI MALAI BROCCOLI 🕭 🖠 🗓 💽

Broccoli marinated in black pepper, cream cheese, and cashew paste, cooked in a charcoal oven

Serving size: 190 gms | Calorie per serving: 331 Kcal

PANEER ANGARA

Cottage cheese marinated with red chilli, hung curd & garam masala, cooked in clay owen

Serving size: 185 gms | Calorie per serving: 681 Kcal

DAHI KE KEBAB 🖠 🗓 💽

Crispy fried yogurt croquettes served with smoked tomato chutney made in mustard oil

Serving size: 410 gms | Calorie per serving: 1063 Kcal

APPETIZER (NON VEGETARIAN)

CHEF'S SIGNATURE TASTING KEBAB PLATTER 1 🕹 🏶 🖪

Mix platter of assorted kebabs

Serving size : 1223 gms | Calorie per serving : 1344 Kcal

MUTTON SEEKH KEBAB

Tender minced meat mixed with green chilli, coriander, ginger-garlic, and Indian spices

Serving size : 370 gms Calorie per serving : 1125 Kcal

TANDOORI AJWAINI JHINGA 1 🐙 🔼

Carom seeds, hung curd, and mustard oil-marinated tiger prawns, cooked to perfection in a charcoal oven

Serving size: 280 gms Calorie per serving: 673 Kcal

GOSHT GALAWATI KEBAB 🕯 🔼

A Lucknow delicacy - mouth-melting tender lamb patties, served with ulta tawa paratha

Serving size: 475 gms Calorie per serving: 1505 Kcal

TANDOORI MAHI TIKKA 1 4 👫 🔼

River sole fish marinated in hung curd, yellow chilli powder, mustard oil, ginger-garlic paste, and home-pounded spices

Serving size: 185 gms | Calorie per serving: 681 Kcal

TANDOORI CHICKEN 1 A

Whole tandoori chicken marinated with Indian spices, hung curd and mustard oil, roasted in a charcoal oven

Full: Serving size : 750 gms | Calorie per serving : 900 Kcal Half: Serving size : 400 gms | Calorie per serving : 600 Kcal

MURGH MALAI TIKKA 🕯 🔼

Chicken morsels marinated in lime juice and cream cheese, flavoured with cardamom powder, cooked in a tandoor Serving size: 223 gms | Calorie per serving: 1344 Kcal

Vegetarian | Non-Vegetarian | Chef Speciality | Spicy Food | Contain Nuts | Contain Gluten | Contains Egg | Contains Milk | Contains Sea Food

MAIN COURSE (VEGETARIAN)

WARQ - E - PANEER 🕭 🗓 💽

Layered paneer with nuts and seasonal vegetables, served on smoked tomato gravy Serving size: 306 gms | Calorie per serving: 625 Kcal

PANEER KHURCHAN 🕭 🕯 💽

Semi-dry preparation with bell peppers & cottage cheese, cooked with a touch of makhani gravy & Indian spices

Serving size: 266 gms | Calorie per serving: 612 Kcal

SUBZ-E-KEHKASHA 🕭 🕯 💽

A melange of seasonal vegetables and potatoes, fried and cooked with onion-tomato gravy & Indian hot spices

Serving size: 329 gms | Calorie per serving: 385 Kcal

BHUNE PYAAZ KI SUBZI

A creation that has been popularized over the years as a signature of Diya - slow-roasted whole onions with home-ground spices Serving size: 309 gms | Calorie per serving: 655 Kcal

DUM ALOO KASHMIRI 🕭 🕯 💽

Deep-fried potatoes cooked in traditional Kashmiri chilli paste and yogurt Serving size : 229 gms | Calorie per serving : 518 Kcal

LEHSUNI PALAK

Chef's signature Delhi-style spinach preparation with burnt garlic tadka Serving size : 190 gms | Calorie per serving : 264 Kcal

CHANDI MALAI KOFTA 🕭 🕯 💽

A specialty from Lucknow - raisins and cashew-stuffed cottage cheese dumplings, finished in creamy almond gravy topped with silver varq

Serving size: 250 gms | Calorie per serving: 436 Kcal

PINDI CHANA 🕯 💽

An all-time favourite dish from Amritsar - chickpeas tossed with ginger, chillies, and dry pomegranate Serving size : 310 gms | Calorie per serving : 599 Kcal

DIYA SIGNATURE DAL 1 .

Slow-cooked black lentils with tomato puree, butter, spices, and cream, finished with white butter Serving size: 223 gms | Calorie per serving: 1344 Kcal

DIYA TADKA 🕯 🖭

Yellow lentils tempered with garlic, cumin, and asafoetida Serving size: 220 gms | Calorie per serving: 828 Kcal

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MAIN COURSE (NON VEGETARIAN)

RAAN-E-KHAAS 🕭 🕯 🔼

A delicacy from the kitchens of the Nizams in Hyderabad - 24-hour marinated whole baby lamb leg with red chilli, brown onion paste, garam masala, malt vinegar, fresh herbs, and whole spices, cooked in a tandoor and finished with a smoked nut-based sauce Serving size: 606 gms | Calorie per serving: 1194 Kcal

JHINGA MASALA 🕭 🕯 🏶 🖪

 $\hbox{Cochin Bay prawns tossed with crushed spices and onion-tomato masala} \\$

Serving size : 255 gms | Calorie per serving : 633 Kcal

RIWAYAT-E-NIHARI

An Old Delhi street favourite - slow-cooked lamb shanks with whole spices

Serving size: 655 gms | Calorie per serving: 1287 Kcal

LAHORI NAMKEEN BOTI

A dish that originated from the undivided province of Punjab - lamb stew cooked with whole garam masala, always a delight to try

Serving size: 321 gms | Calorie per serving: 1017 Kcal

MURGH NAWABI KORMA 🕭 🕯 🖪

A recipe from the royal family of Lucknow - chicken braised in rich almond gravy with a hint of rose essence

Serving size: 210 gms | Calorie per serving: 828 Kcal

BUTTER CHICKEN 🕭 🕯 🖪

Tandoor-smoked chicken morsels, cooked in creamy tomato gravy, finished with kasoori methi

Serving size: 355 gms | Calorie per serving: 662 Kcal

RICE

SADA CHAWAL •

Steamed basmati rice

Serving size : 222 gms | Calorie per serving : 172 Kcal

SUBZ DUM BIRYANI 🕯 💽

Selection of vegetables and basmati rice cooked together in dum pukht style

Serving size: 352 gms | Calorie per serving: 609 Kcal

KABUL KA MURGH PULAO 🕭 🕯 🔼

Marinated chicken thigh and basmati rice cooked together with homemade Kabul spices

Serving size: 500 gms | Calorie per serving: 1217 Kcal

GOSHT DUM BIRYANI

Saffron flavoured basmati rice cooked with succulent chunks of lamb cooked in dum style $\,$

Serving size : 505 gms | Calorie per serving : 944 Kcal

SIDES

GREEN SALAD .

Serving size : 100 gms | Calorie per serving : 18 Kcal

RAITA 🛍 🖲

Burani raita / Kachumber raita / Pineapple raita Serving size : 100 gms | Calorie per serving : 105 Kcal

PLAIN DAHI

Serving size: 100 gms | Calorie per serving: 105 Kcal

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