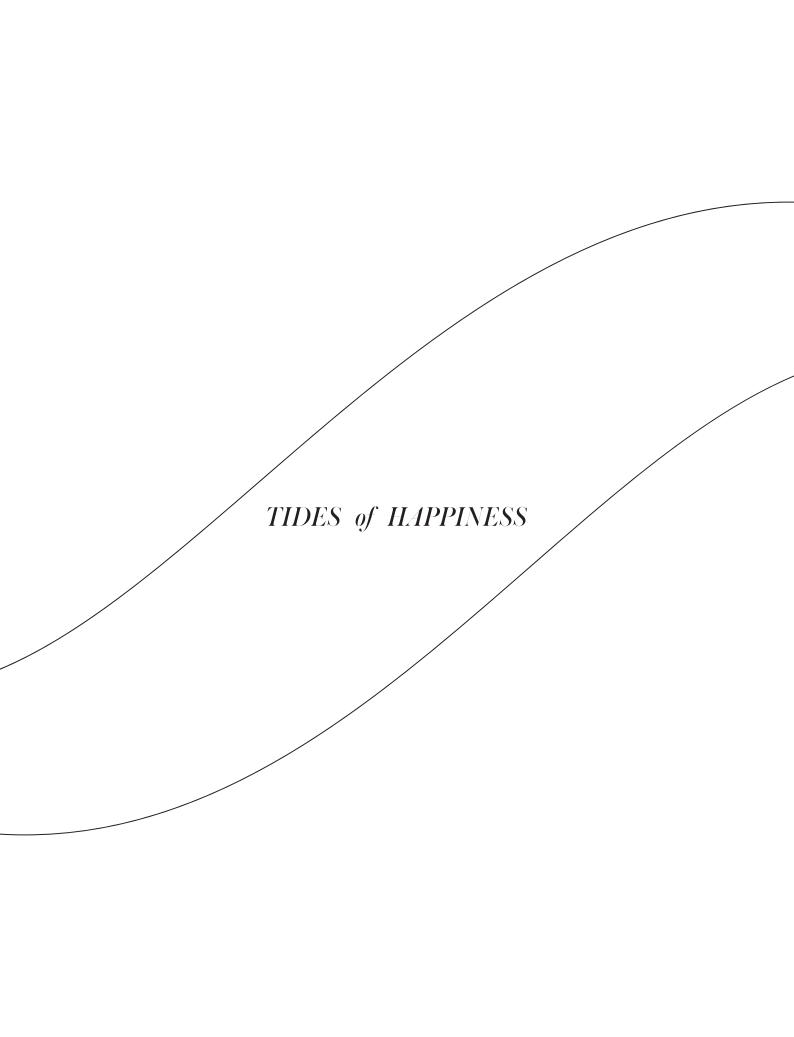
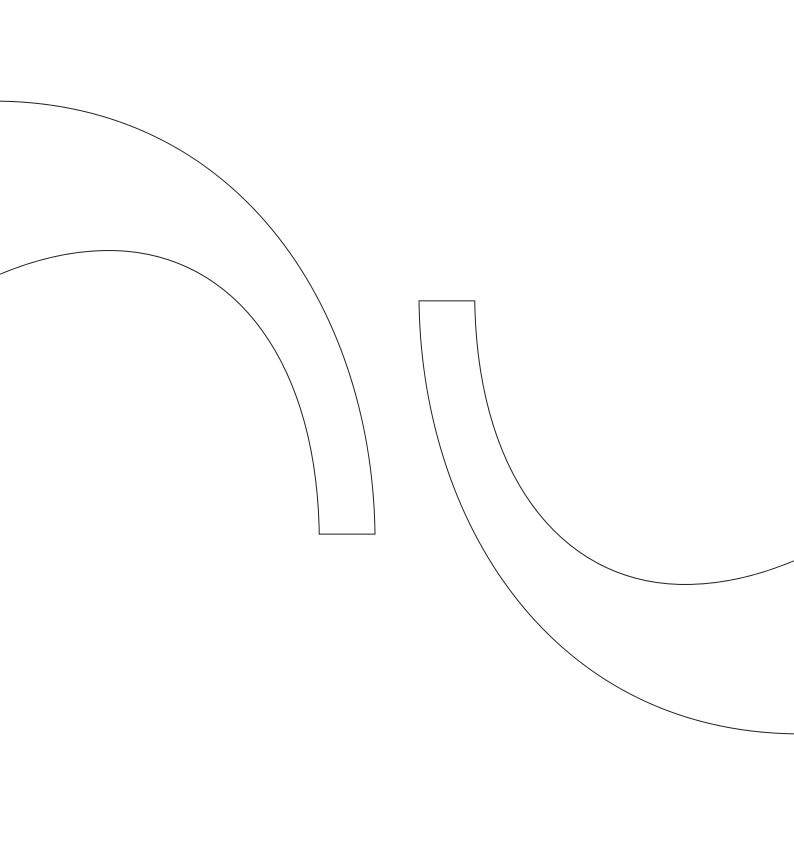


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PAN ASIAN BEACH RESTAURANT

**MENU** 





### TIDES

#### SMALL PLATES

850 Yasai Tempura Moriawase 🔳 mix vegetable tempura & spicy mayo Serving size: 200gms | Calorie per serving: 863 Kcal 850 Popiah je vegetables, shitake mushroom & glass noodle roll with orange chilli dip Serving size: 200gms | Calorie per serving: 723 Kcal 900 Crispy Water Chestnuts and Bamboo Shoots chili lemongrass Serving size: 200 gms | Calorie per serving: 496 Kcal (N)Chicken Honey & Chilli 950 crispy chicken, honey & smoked chillies Serving size: 265 gms | Calorie per serving: 320.23 Kcal E 1550 Ikan Bakar 🔼 indonesian style whole char-grilled fish Serving size: 233 gms | Calorie per serving: 419.40 Kcal Lobster Spring Roll 1600 black fungus mushroom, glass noodle, celery & mango lemongrass sauce Serving size: 200gms | Calorie per serving: 863 Kcal Ebi Katsu 🔼 1400 panko crumbed prawns, tropical fruits & katsu sauce Serving size: 200gms | Calorie per serving: 863 Kcal (E) (G) (SF)



Allergen information:

















SOUPS	Hot & Sour sichuan style spicy soup	
	Vegetable   Serving size: 220gms   Calorie per serving: 155 Kcal ■  ⑥	700
	Chicken   Serving size: 240 gms   Calorie per serving: 207.79 Kcal ▲ ⑤	800
	<b>Tom Yum</b> lemongrass, galangal, kaffir leaves, chilli, lime	
	Vegetable   Serving size: 220 gms   Calorie per serving: 205.44 Kcal ■ ⑥	700
	Chicken   Serving size: 240 gms   Calorie per serving: 237.79 Kcal ▲ ⑤	800
	Prawn   Serving size: 240 gms   Calorie per serving: 295.50 Kcal ▲ ⑤ ⑤	900
	Khow Suey coconut milk, lemongrass, galangal, kaffir leaves, chili, lime	
	Vegetable   Serving size: 220 gms   Calorie per serving: 320.44 Kcal ■  ⑥	700
	Chicken   Serving size: 220 gms   Calorie per serving: 375.84 Kcal ▲ € ⑥	800
	Prawn   Serving size: 220 gms   Calorie per serving: 355.75 Kcal ▲	900











G SF









Wok Tossed Seasonal Vegetables   with garlic and basil Serving size: 284 gms   Calorie per serving: 236.29 Kcal	1050
Phad Pak Ruam Kab Tahoo  seasonal vegetables, water chestnuts, bean curd, garlic, soya Serving size: 284 gms   Calorie per serving: 256.29 Kcal	1050
Silken Tofu, green Beans and Pak choy  in sambal olek Serving size: 213 gms   Calorie per serving: 110.78 Kcal  ■	1100
Gai Phad Med Mamuang  wok fried chicken, cashew nuts, dried chili Serving size: 320 gms   Calorie per serving: 468.86 Kcal	1200
Steamed Chicken Chilli Bean Sauce Chicken, chilli black bean & scallion Serving size: 320 gms   Calorie per serving: 368.86 Kcal	1200
Pla Pad Nam Prik Pao  red snapper with homemade roasted chili paste Serving size: 390 gms   Calorie per serving: 437.07 Kcal	1250
Stir-Fried Prawns & Scallops XO prawns, scallops, shrimps sauce Serving size: 270 gms   Calorie per serving: 286.23 Kcal  (3)	1550
Moo Kaprow ▲ sliced pork with basil & chilli Serving size: 300 gms   Calorie per serving: 582 Kcal  ⑤	1400
Tenderloin Ginger & Chilli  stir fried tenderloin with ginger, chillies & black pepper Serving size: 300 gms   Calorie per serving: 550 Kcal	1550





WOKS















<b>CURRIES</b>	<b>Thai Red Curry</b> a central thailand spicy curry with red chillies & coconut milk	
	Vegetable   Serving size: 410 gms   Calorie per serving: 515 Kcal ■ ⑥	1100
	Chicken   Serving size: 410 gms   Calorie per serving: 930 Kcal ▲ € ⑥	1200
	Prawn   Serving size: 410 gms   Calorie per serving: 625 Kcal ▲ ⑤ ⑤	1500
	Green Curry aromatic coconut curry with thai basil & lime leaves	
	Vegetable   Serving size: 410 gms   Calorie per serving: 515 Kcal ■ ⑥	1100
	Chicken   Serving size: 410 gms   Calorie per serving: 930 Kcal ▲ ⑤	1200
	Prawn   Serving size: 410 gms   Calorie per serving: 625 Kcal (a) (s)	1500
	Kari Ayam malaysian style chicken curry Serving size: 300 gms   Calorie per serving: 878 Kcal	1250



















#### NOODLES & RICE

#### Hakka Noodles with green onions Vegetable | Serving size: 340 gms | Calorie per serving: 427 Kcal 🗩 900 Chicken & Egg | Serving size: 360 gms | Calorie per serving: 524 Kcal 1050 $\mathbf{E}$ Phad Thai sweet & sour flat rice noodles, bok choy & lime. Vegetable | Serving size: 340 gms | Calorie per serving: 435 Kcal ■ 1050 (G) Chicken & Egg | Serving size: 340 gms | Calorie per serving: 500.2 Kcal 1250 $\mathbf{E}$ Prawn | Serving size: 340 gms | Calorie per serving: 474 Kcal 1350 G SF Fried Rice wok fried rice with green onion & garlic Vegetable | Serving size: 350 gms | Calorie per serving: 580 Kcal ■ 850 (G) Chicken & Egg | Serving size: 350 gms | Calorie per serving: 621 Kcal 950 $\mathbf{E}$ Jasmine Rice 500 Serving size: 350 grams | Calorie per serving: 600 Kcal Steamed Rice 500 Serving size: 350 grams | Calorie per serving: 600 Kcal



Allergen









(G)













FRESH FROM THE ARABIAN **SEA** 

Serving size: 250 gms | Choice of cooking: Grilled | Steamed | Pan fried Choice of Sauce: Kerala Spice Rub | Miso Butter | EVOO Lemon Garlic Peri Peri | Teriyaki Marinade

Fish of The Day 🔺	900
Arabian Sea Lobster 🔺	2100
King Prawns 🔺	1600
Scampi 🔺	1900

#### DESSERT

Choice Of Ice Cream

900

tender coconut, litchi, very berry strawberry & vanilla Serving size: 150 gms | Calorie per serving: 97.98 Kcal

**D** 

Date & Sesame Pancake 900

vanilla ice cream Serving size: 130 gms | Calorie per serving: 217.27 Kcal

(G)

Tub Tim Krob 🖲 950

water chestnut, jack fruit & coconut cream Serving size: 180 gms | Calorie per serving: 1500.75 Kcal

(N)

950 Lychee Crème Brulee 🔺

tender coconut ice cream & biscotti Serving size: 180 gms | Calorie per serving: 1002.12 Kcal

(D)(G)

950 Cheesecake

asian stewed berries, kaffir lime crunch and cream cheese Serving size: 180 grams | Calorie per serving: 790 Kcal

(D)(E)(G)



















STILL & SPARKLING WATER	Sparkling Water, 750 ml Sparkling Water, 330 ml Mineral Water, 750 ml Mineral Water, 330 ml	593 296 200 130
AERATED BEVERAGE	Energy drink Coke Diet Coke Sprite Fanta Tonic Ginger Ale	300 200 200 200 200 200 200
REFRESHERS	Tender Coconut Water Fresh Juice, seasonal	300 400









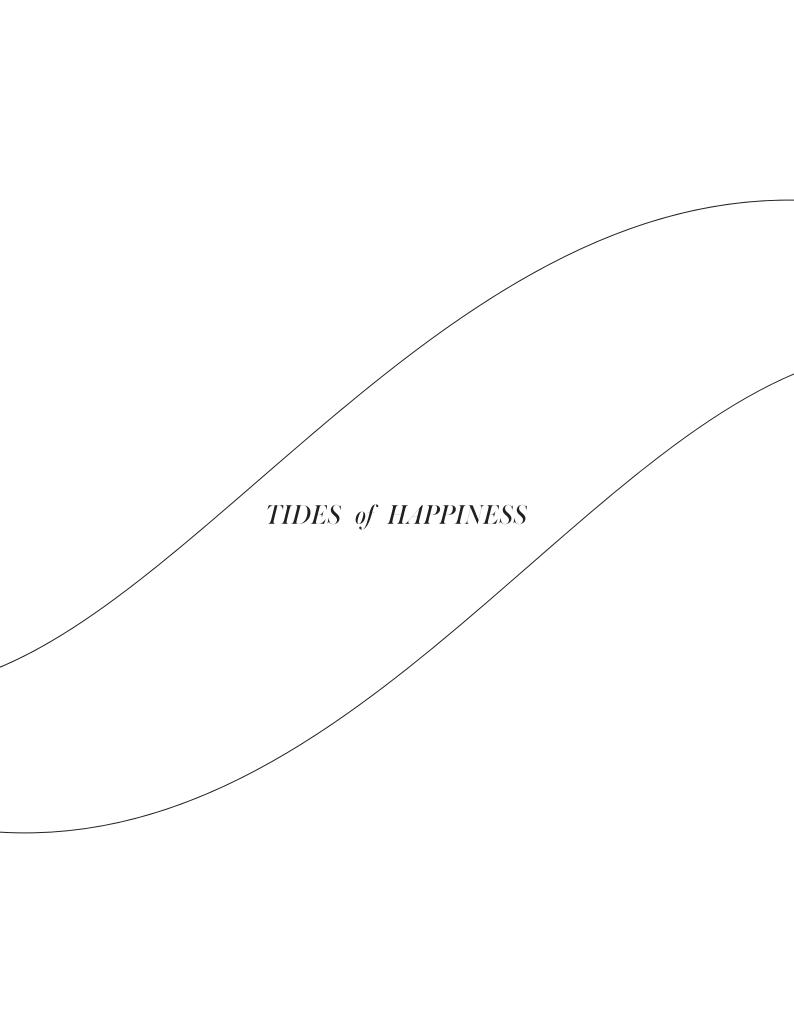


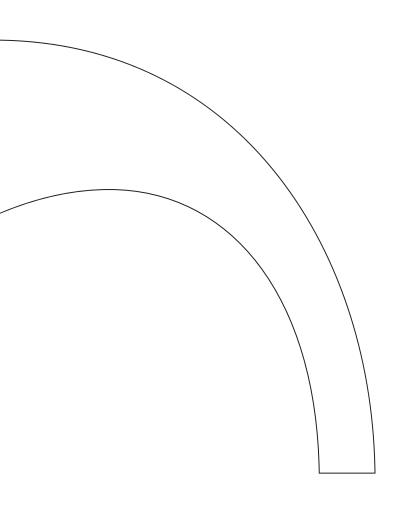














## THE STREES

Create resplendent memories against the backdrop of the azure waves dotted with coconut palms, and an uninterrupted beachfront is as special as it can get. Serving pan asian cuisine with freshly caught local seafood delicacies, premium liquor, and unlimited entertainment par excellence with your beloved ones.